



# Typical Day

	Please describe hour by hour, how you would spend your typical day- each day of your life- if you had all resources you need to live exactly as you like.
5 AM	
6 AM	
7 AM	
8 AM	
9 AM	
10 AM	
11 AM	
12 PM	
1 PM	
2 PM	
3 PM	
4 PM	
5 PM	
6 PM	
7 PM	
8 PM	
9 PM	
10 PM	
11 PM	
12 AM	

Date/Initials \_\_\_\_\_



# Ideal Day

	<b>Please describe hour by hour, how you would spend your ideal day- each day of your life- if you had all resources you need to live exactly as you like.</b>
5 AM	
6 AM	
7 AM	
8 AM	
9 AM	
10 AM	
11 AM	
12 PM	
1 PM	
2 PM	
3 PM	
4 PM	
5 PM	
6 PM	
7 PM	
8 PM	
9 PM	
10 PM	
11 PM	
12 AM	

Date/Initials \_\_\_\_\_



# Typical Week

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>4 AM</b>							
<b>5 AM</b>							
<b>6 AM</b>							
<b>7 AM</b>							
<b>8 AM</b>							
<b>9 AM</b>							
<b>10 AM</b>							
<b>11 AM</b>							
<b>12 PM</b>							
<b>1 PM</b>							
<b>2 PM</b>							
<b>3 PM</b>							
<b>4 PM</b>							
<b>5 PM</b>							
<b>6 PM</b>							
<b>7 PM</b>							
<b>8 PM</b>							
<b>9 PM</b>							
<b>10 PM</b>							
<b>11 PM</b>							
<b>12 AM</b>							

Please describe hour by hour, how you would spend your typical week- each week of your life- if you had all resources you need to live exactly as you like.

Date/Initials \_\_\_\_\_



**MILESTONES**

FINANCIAL PLANNING, LLC

# Ideal Week

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>4 AM</b>							
<b>5 AM</b>							
<b>6 AM</b>							
<b>7 AM</b>							
<b>8 AM</b>							
<b>9 AM</b>							
<b>10 AM</b>							
<b>11 AM</b>							
<b>12 PM</b>							
<b>1 PM</b>							
<b>2 PM</b>							
<b>3 PM</b>							
<b>4 PM</b>							
<b>5 PM</b>							
<b>6 PM</b>							
<b>7 PM</b>							
<b>8 PM</b>							
<b>9 PM</b>							
<b>10 PM</b>							
<b>11 PM</b>							
<b>12 AM</b>							

**Please describe hour by hour, how you would spend your ideal week- each week of your life- if you had all resources you need to live exactly as you like.**

Date/Initials \_\_\_\_\_

Used with permission from George D. Kinder

# Typical Year

<b>January</b>	
<b>February</b>	
<b>March</b>	
<b>April</b>	
<b>May</b>	
<b>June</b>	
<b>July</b>	
<b>August</b>	
<b>September</b>	
<b>October</b>	
<b>November</b>	
<b>December</b>	

Please describe month by month, how you would spend your typical year- each month of your life- if you had all resources you need to live exactly as you like.

Date/Initials \_\_\_\_\_

## Ideal Year

<b>January</b>	
<b>February</b>	
<b>March</b>	
<b>April</b>	
<b>May</b>	
<b>June</b>	
<b>July</b>	
<b>August</b>	
<b>September</b>	
<b>October</b>	
<b>November</b>	
<b>December</b>	

Please describe month by month, how you would spend your ideal year- each month of your life- if you had all resources you need to live exactly as you like.

Date/Initials \_\_\_\_\_